

Twisting

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Description : 32 temps, 4 murs, Débutant, Juin 2017

Musique : Twisting The Night Away (Si Cranstoun)

Count in: 16 counts

S1: Fwd R Diagonal, Twist Twist, Fwd L Diagonal, Twist Twist

1 2 3 4 Step fwd on R diagonal, step L beside R, twist heels R, twist heels L

5 6 7 8 Step fwd on L diagonal, step R beside L, twist heels L, twist heels R

S2: Back, touch and clap, Back, touch and clap, Grapevine R, kick

1 2 Step back diagonal on R, touch L to R and clap

3 4 Step back diagonal on L, touch R to L and clap

5 6 7 8 Step R to R side, step L behind R, step R to R side, kick L

S3: Grapevine ¼ left, rumba box back, hold

1 2 3 4 Step L to L side, step R behind L, step L to L side making ¼ turn to 09:00, touch R beside L

5 6 7 8 Step R to R side, step L beside R, step back on R, hold

S4: Rumba box fwd, twist heels R / L / R / L

1 2 3 4 Step L to L side, step R beside L, step L fwd, step R beside L (equal weight)

5 6 7 8 Twist heels R, L, R, L

(Twist on the spot without travelling and bend knees as an optional styling)

(57)

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