

Make It Sweet

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Choregraphie par : Rachael McEnaney-White (UK/USA)

Description : 32 temps, 4 murs, Débutant +, Octobre 2018

Musique : « Make It Sweet » – Old Dominion Approx 3.06 mins, 90 bpm

Count In: 16 counts from start of track, dance begins on vocals

[1 – 8] R back, L back rock, L heel grind ¼ turn L, R coaster step, 3 runs fwd L-R-L, R fwd rock

1 2 & 3 Big step back R (1), rock back L (2), recover weight R (&), cross L heel over R grinding heel into floor making ¼ turn left (3) 9.00

4 & 5 Step back R (4), step L next to R (&), step forward R (5) 9.00

6 & 7 Step forward L (6), step forward R (&), step forward L (7) (styling: make these 3 small runs forward) 9.00

8 & Rock forward R (8), recover weight L (&) 9.00

[9 – 16] 3 toe struts back with clap R-L-R, L coaster step, R cross, L back, R side, L close

1 & Touch R toe back (1), drop R heel to floor (weight R) as you clap hands (&) 9.00

2 & Touch L toe back (2), drop L heel to floor (weight L) as you clap hands (&) 9.00

3 & Touch R toe back (3), drop R heel to floor (weight R) as you clap hands (&) 9.00

4 & 5 Step back L (4), step R next to L (&), step L forward (slightly to left diagonal)(5) 9.00

6 7 8 & Cross R over L (6), step back L (7), step R to right side (8), step L next to R (&) 9.00

[17 – 24] R side, L cross rock, R cross rock with ¼ turn right continuing a full paddle turn R

1 2 & 3 Step R to right side (1), cross rock L over R (2), recover weight R (&), step L to left side (3) 9.00

4 & 5 Cross rock R over L (4), recover weight L (&), make ¼ turn right stepping forward R (5) 12.00

& 6 Step L next to R (&), make ¼ turn right stepping forward R (6), 3.00

& 7 Step L next to R (&), make ¼ turn right stepping forward R (7) 6.00

& 8 Step L next to R (&), make ¼ turn right stepping forward R (8) 9.00

[25 – 32] L fwd rock, L side rock, L behind, R side, L cross, R rumba box

1 & 2 & Rock forward L (1), recover weight R (&), rock L to left to left side (2), recover weight R (&) 9.00

3 & 4 Cross L behind R (3), step R to right side (&), cross L over R (4) 9.00

5 & 6 Step R to right side (5), step L next to R (&), step forward R (6) 9.00

7 & 8 Step L to left side (7), step R next to L (&), step back L (8) 9.00

START AGAIN – HAPPY DANCING

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